

52 WEEKS OF MOTIVATION JOURNAL



FROM
IMPOSSIBLE TO
POSSIBLE TO
DONE

**MOTIVATION
JOURNAL**

WWW.BOOSTMOTIVATION.COM

MOTIVATION JOURNAL *Vol.1*

Available now on Amazon! Get instant access to the '52 Weeks of Motivation Journal' Start your journey to success now!



I am committed to making the impossible possible and finishing my work

Thoughts and Reflections:

Take a moment to reflect on the power of commitment and the journey you are embarking on. Embrace the belief that with determination and persistence, you can transform the seemingly impossible into the possible and ultimately achieve your goals. What are your initial thoughts and feelings as you begin this journey? Write them down in the Goal for the Week

Action Plan:

- Start by breaking down your seemingly impossible goal into smaller, actionable tasks.
- Create a detailed plan outlining the steps required to achieve your goal.
- Identify any potential obstacles or challenges and brainstorm solutions to overcome them.

Affirmation:

"I am committed to making the impossible possible and finishing my work. I am capable of overcoming any challenges that come my way. With persistence and determination, I will achieve success."

Goal for the Week

Acknowledge and define a specific goal or project that you currently view as impossible.

Commit to taking the first steps toward making this goal possible.

Develop a sense of purpose and motivation to see your work through to completion.

Weekly Review

DATE _____

TO BE DONE

WHAT'S GOING WELL? POSSIBLE

WHAT'S NOT WORKING? IMPOSSIBLE

WEEK SUMMARY

--

HOW WILL I IMPROVE NEXT WEEK?

--

**FROM
IMPOSSIBLE TO
POSSIBLE TO
DONE**

**MOTIVATION
JOURNAL**

WWW.BOOSTMOTIVATION.COM